

LOCATIONS

Chattanooga, TN

Riverview 423-756-2639

Downtown 423-266-6288

Atlanta, GA

Brookhaven 404-816-8801

Buckhead 404-869-7722

Morningside 404-872-1039

Cumming, GA

The Collection at Forsyth

678-455-3181

Decatur, GA

404-370-1330

Marietta, GA

The Avenue West Cobb

770-874-7500

Snellville, GA

The Shoppes at Webb Gin

770-985-1234

Smyrna, GA

Ivy Walk 770-437-0780

Jacksonville, FL

St. Johns Town Center

904-482-0780

Raleigh, NC

North Hills 919-510-6701



natural body[®]
spa and shop

SPA POLICIES

Cell Phones – with respect to the spa environment, use of cell phones in treatment rooms or back waiting area is not permitted.

Gift Cards – Gift Cards may be redeemed for services or retail products, & must be presented at time of appointment or purchase. Gift Card purchases are non-refundable.

Reservations – services are available by appointment; a credit card or Natural Body Gift Card is required to reserve all spa services.

Guest Cancellation – Cancellations of less than 24 hours will be charged 50% fee, or Gift Card value

will be reduced by half. No-shows will be charged 100% fee.

On Time Arrival – please arrive 10 minutes before your scheduled service; late arrivals cannot be accommodated with an extension of scheduled service times, and guest will be responsible for full service fees.

Children & Teens – the minimum age requirement is defined by local, city and state ordinances; contact the spa for details. Please arrange for childcare prior to visit.

Jewelry – we cannot be responsible for valuables left unattended.

NOTE: PRICES & SERVICES SUBJECT TO CHANGE WITHOUT NOTICE.

naturalbody.com

SIGNATURE MASSAGES

Our massage services restore balance within the body & mind. Therapists combine restorative modalities, tailored to your specific needs. Results include reduced muscle tension & stress, detoxification, & improved flexibility & mobility.

- Natural Body Signature Massage** 60min/\$80; 90min/\$110
Series pricing of 6 - Best value, 10% off 60min/\$432; 90min/\$594
Our award-winning service – what we're known for – includes hot towel compresses, warm neck pillow, & essential oil inhalations. We provide a full 60 or 90 minutes on the table. Expect light to medium pressure.
- Togetherness Massage** 60min/\$160; 90min/\$220
In a private room for two, each of you will enjoy a Natural Body Massage service performed by your own massage therapist.
- Power Massage, with Deep Pressure Therapy** 60min/\$90; 90min/\$120
Utilizing deep pressure techniques, with attention to specific muscle groups.

ESSENTIAL OIL THERAPY MASSAGES

Each of these targeted services use fine essential oils to achieve relief.

- Pain Relief Massage** 60min/\$85; 90min/\$115
Reduce pain, stiffness & swelling; the benefits of Arnica are felt throughout the body.
- Sleep Therapy Massage** 60min/\$85; 90min/\$115
Valerian & hops calm a busy mind, soothe aches & pains, & improve circulation.
- Allergy & Sinus Relief Massage** 60min/\$85; 90min/\$115
Eucalyptus is perfect for combating the effect of allergies & sinus pain.
- Headache & Migraine Relief** 60min/\$85; 90min/\$115
Relieve the tension that causes pain in head, neck, & shoulders with essential oils.

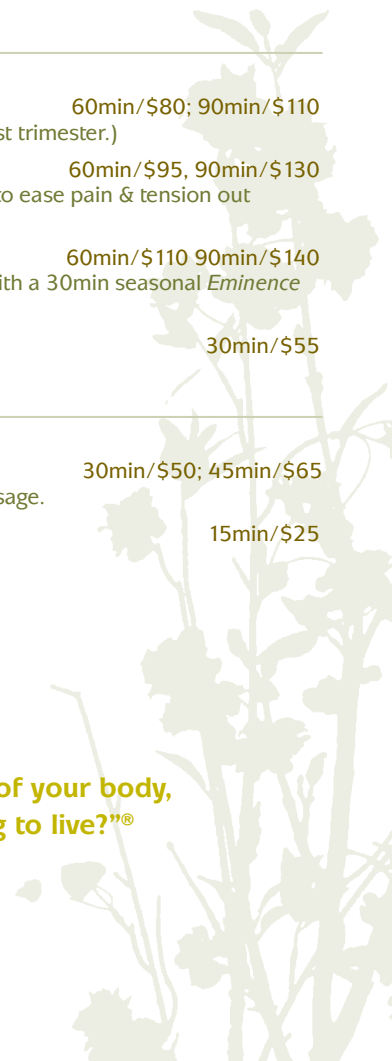
SPECIALTY MASSAGE THERAPIES

- Pregnancy Massage** 60min/\$80; 90min/\$110
(Note: Physician release required during first trimester.)
- Heated Stone Therapy Massage** 60min/\$95, 90min/\$130
Smooth basalt stones are warmed & used to ease pain & tension out of muscles.
- Seasonal Body Scrub & Massage** 60min/\$110 90min/\$140
30/60min Signature Massage combined with a 30min seasonal *Eminence Organics* exfoliating scrub.
- Sinus Relief Treatment** 30min/\$55

EXPRESS MASSAGE SERVICES

- NB Express Massage** 30min/\$50; 45min/\$65
A simpler version of our Natural Body Massage.
- Scalp Massage** 15min/\$25

**“If you don’t take care of your body,
where are you going to live?”®**



SIGNATURE FACIALS

Our menu offers options for every skin condition. Using a selection of both natural & clinical skincare products, we ensure a safe but effective outcome.

Eminence Organics Signature Facial	60min/\$80
Series pricing of 6 - Best value, 10% off	\$432
Diminishes fine lines and wrinkles while creating a healthy glow.	
Men's Rebalancing Facial	60min/\$80
A man's skin is different, so we choose specific products just for him.	
Back Facial	30min/\$50 60min/\$80
Just the service for brides, & a favorite among our male clients.	
Signature Express Facial	30min/\$50
A simpler version of our Natural Body Facial without steam or extractions.	

ADVANCED FACIALS

Eminence Organics Seasonal Peel/Facial	60min/\$100
Fountain of youth treatment is designed to either slow down the appearance of aging, or to super-hydrate your skin, returning it to a youthful glow.	
Auspect Ultimate Facial	75min/\$150
Anti-aging treatment combines Microdermabrasion, our clinical Auspect products followed by our Lactic Peel. This promotes product penetration to plump & firm wrinkles, even out skin tone & provide a more vibrant complexion.	

SKIN RESURFACING

Each of these treatments deliver clinical results; allow for a thorough consultation & evaluation before the first peel. Some prep may be necessary. Results are cumulative, so for best outcome, a series of 3-6 services is highly recommended.

Microdermabrasion Facial (includes neck & décolleté)	60min/\$115
Signature <i>Eminence Organics</i> Facial using safe DiamondTome technology. This service achieves deep exfoliation that prepares skin for potent serums, & increases collagen production.	

Express Microderm Treatment	30min/\$60
Auspect Clinical Strength Peel Treatment	30min/\$99

Quick-Fix Ideal for hypersensitive complexions & rosacea. AHA Lactic, with Niacinamide Lactic Acid is an excellent skin renewal & collagen building agent.

Color Correction Visibly restore your complexion to a smoother, more even appearance. Alpha & beta hydroxy acids lift away accumulated layers of dull, discolored cells.

Age-Defying Alpha & beta hydroxy acids from red wine extracts & organic cocoa resurface skin to perfection.

Detox Combines the powerful skin renewal action of alpha and beta hydroxy acids, to calm and perfect skin. Great for oily, acne-prone skin, helps clarify blackheads & ingrown hairs.

Vita-A Metabolic Reduce fine lines, rough texture, visible pores, & return a luster to your skin. A retinoid-mimicking blue micro-algae, with milk derived L-Lactic Acid, & botanical calmatives work in tandem to deliver spectacular anti-aging results.

THERAPEUTIC ENHANCEMENTS

added to any Natural Body Signature Facial

Eminence Organics Liquid Exfoliating Booster Peel	\$15
Can be added to any Natural Body Facial.	
Eminence Organics Lip Treatment	\$15
Exfoliating, Hydrating and Plumping lip treatment.	
Microderm Hand Treatment	\$15
Microderm Décolleté Treatment	\$25
Nuface Treatment	\$15
Immediately plumping service with microcurrent technology, can be added to any Natural Body Facial.	

SIGNATURE BODY THERAPIES

In harmony with nature, our Seasonal Recipe offers an ever-changing experience, curated to offer the best of natural & 'flavorful' body products.

Seasonal Exfoliating Body Treatment 30min/\$60

Our exfoliating body polish using a Seasonal Recipe will energize & detoxify. Your skin will appear younger & brighter.

Eminence Organics Seasonal Body Therapy 75min/\$110

Combines both our exfoliating treatment & Seasonal Wrap. We dry brush your skin following the lymphatic pathways, while detoxifying and hydrating your skin.

Auspect Fruit Enzyme Exfoliating Body Treatment 75min/\$110

This exfoliating & skin-softening treatment includes an Auspect Fruit Enzyme Peel and Hydrating Mask.

Reiki Therapy 30min/\$50 60min/\$80

Unique Energy work that promotes healing, stress reduction and relaxation.

Dry Brush Treatment *Cellulite treatment* 15min/\$30

SPA PACKAGES

Deluxe Spa Day 4hrs, 30min/\$350

Organic Signature Massage, Signature Facial, Seasonal Body Wrap & Mani/Pedi, plus a healthy spa lunch

Signature Spa Day 2hrs, 30min/\$215

Organic Signature Massage, Signature Facial, Seasonal Exfoliating Body Scrub

Body Treat 2hrs/\$155

Organic Signature Massage & Signature Facial

Tune-Up 1hr/\$95

Signature Express Massage, Signature Express Facial

Bridal Package 3hrs/\$235

Signature Express Facial, Mani/Pedi, Seasonal Body Wrap

WAXING & TINTING

Using the finest wax in the industry, our estheticians deliver award-winning hair removal with minimal discomfort.

Brow Maintenance	\$18	Bikini	\$35
Lip	\$12	Brazilian	\$65
Chin	\$12	Lash Tint	\$25
Full Leg	\$65	Brow Tint	\$18

Waxing pricing will vary, based on area & hair density. Ask to see a detailed price list showing all of our waxing options. For best results, we encourage the purchase of a Waxing Series.

SIGNATURE NAIL SERVICES

A true spa experience, while you relax in a zero-gravity chair, with heated neck pillow & eye pillow. Our techs are trained to use the strictest sanitation methods, with your health in mind.

Signature Mani-Pedi Combo 90min/\$80

Enjoy an aromatherapy soak, exfoliating scrub, & a moisturizing lower leg & foot massage, before your nail shaping & polish is applied.

Signature Pedicure 60min/\$55

Natural, buffed or polished finish

Signature Manicure 30min/\$25

Natural, buffed or polished finish

Gel Polish Manicure 30min/\$40

Gel Removal \$10